

# SEEHOTEL BÄREN BRIENZ

## AYURVEDA MEDICAL WELLNESS

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## BÄREN-NEWS 2018-2019

Dear regulars, dear guests, dear friends,

### SEASON 2018

This year we could enjoy an absolutely wonderful summer and a colourful autumn. The memories of these special weeks remain and we think of them with gratitude. Thanks to the insight of the leading members of the Commune of Brienz and the unusual permission, we were allowed to get the water for all our plants on the terrace directly from the lake!

### MONTREUX MEETS BRIENZ

*25 years Jazz Festival "Montreux meets Brienz". A total of 32 concerts have taken place. Incredible 26 times, the audience could enjoy this venue on the lakeside terrace. Marvio Ciribelli came especially from Rio de Janeiro with his musician colleagues to celebrate this jubilee with us. He was already present at the first festival and wanted to be there on the 25th. He has composed a song dedicated to Brienz, which you can listen to at: [www.youtube.com/watch?v=nNYAIZIKY8o](http://www.youtube.com/watch?v=nNYAIZIKY8o). All in all, we have so far organized 389 concerts, welcomed 3168 musicians who performed with 335 bands. A proud number! We thank all who participated, who gave their best concert on the magical Briensersee, who offered the fans an unique pleasure. It was a great honor! Thanks, Merci, THANK YOU AGAIN!*

Ayurveda, led by Sreekumar, responsible, has been on demand, and we have seen unbelievable results. All the guests were very satisfied with the treatments and some were just amazed at the results - which they had not really expected in this extent. The cuisine of our Indian-ayurvedic Chef Cyril is renowned and Ravi, as a therapist, has an absolute gift! Many thanks to all of you for your great and most valuable cooperation.

### AYURVEDA

The Ayurveda Team is still at the Seehotel Bären up to 6th January 2019 ready for cures and treatments! Then the Ayurveda employees travel home to their families. In November Cyril became for the second time father of a healthy child. They are all looking forward to embrace their beloved ones and Cyril will be able to hug for the first time his son!

[From Spring 2019 on the team will be here and spoil you again! Please inquire!](#)

### BÄREN-TEAM

Our Bären Crew came this year from 12 different countries. The employees spoke 16 various languages, with Schwyzerdütsch 17! They served our guests with dedication and enthusiasm. A big thank you to the entire team for their great commitment and mutual respect!

## **CHRISTMAS/SYLVESTER 2018-2019:**

*On December 25 and December 31, 2018, Chef Cyril, Kerala, will be presenting gourmet buffets "India-Switzerland" for connoisseurs! Come, visit us, experience happy times!*

*YOGA with Pia Fischer over the old year days! Sign up, you will also be able to join in with enthusiasm and be very impressed.*

## **NEW SEMINARS IN 2019** (see details then on the Internet)

- 1. Pia Fischer, YOGA instructor, motivated, trustworthy*
- 2. Roland Jakobowitz, astrologer, teacher, reliable, sincere*
- 3. Barbara Witschi & Collin Hall, in search of light, meditation and sensitivity*

**We sincerely thank you for your visit to our mountain and lake oasis, and especially for the kindness and friendship you have offered us!**

### **NEW MANAGEMENT**

**Ariane Werro could experience the takeover of the management of the hotel in a very positive way and felt well received by the guests. She was fully supported by the team! Thank you dear guests for your patronage!**

### **BRUIT EXCESSIF DES AVIONS MILITAIRES**

Although we lost the fight in the Federal Court where we had deposited a claim against the Swiss Military Department because of the intolerable noise of the military air planes ... we were morally not able to move the case to Strasbourg. We are against foreign judges who do not know our country, our attitude, our life content. They have experienced neither our customs and traditions nor do they fully appreciate them! And so we decided to accept the verdict, albeit with teeth grinding and great irritation!

### **INTERNET REVIEWS**

*It is becoming increasingly clear that reports on the Internet portals are very important. Only ... a guest gives us a 1 out of 5 points because he did not get a croissant! Another guest gave us 5 points - but he stayed 2 weeks as Ayurveda guest! Result: for Tripadvisor the statement about the croissant is worth as much as the description of an Ayurveda cure over 14 days! Thank you for helping us outdo the "croissants"! Tripadvisor.ch, Holidaycheck.ch, google.ch!*

### **CLEFT-CHILDREN**

Once again – from India: You all have helped to give hope and offer a smile to so many kids. Through the successful operations, done by the Indian teams of the incredible Foundation Cleft-Children of Prof. Hermann Sailer, over 80.000 children regained joy and happiness. Only during 2018 up to now 6444 persons have had FREE surgery! An unbelievable task! Each franc of your donation is used for their benefit. With gratitude to the members of the Organization and with a big big thank you for your help and assistance. Please find More information: <http://www.cleft-children.org> or Info: Monique Werro 033 951 24 12 or by mail [werro@seehotel-baeren-brienz.ch](mailto:werro@seehotel-baeren-brienz.ch). Konto Credit Suisse Zürich, CH89 0483 5072 3 Zürich.

## **FESTIVE DAYS**

Dear regulars, dear friends, the long winter nights in our homeland are wonderful, they invite you to togetherness, to spending time with the family and your friends, to relax and rest as well as to dream.

Marvel at the glittering snow, listen to the Christmas jingles and the extraordinary stories, contemplate the sparkling candlelight and experience beautiful, happy, and joyful holidays!

For the New Year we are presenting our wishes for good health, harmonious happiness, appreciation and affection, motivation and success, satisfaction and joie de vivre. See you soon again. We are looking forward to welcoming you!

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**Your Bären-Team**